

AKT On-Water Guide Training

9:00am Overview of the day (25 min)

1. 9:30am Discussion of guides responsibilities: (30 min)

- a) Q&A of guides role and responsibility:
 - i) Not an instructor, but a bit of help here and there is OK, etc.
 - ii) Judgment
 - iii) Confidence
 - iv) Final word, trips not a democracy!
 - v) Group awareness and arbiter of what is and is not safe. You represent AKT!
- b) Discussion of clothing/immersion protection and how guides need to be appropriately attired and equipped:
 - i) Wetsuit? Drysuit? Why?
 - (1) What if you end up in the water?
 - (2) How useful will you be if you're cold, wet?

2. 10:00am Guide equipment: (15 min)

- (1) Tow Rope
- (2) Compass
- (3) Chart/map
- (4) 1st Aid Kit
- (5) VHF Marine Band Radio
- (6) Notification devices
 - 1. USCG requirement
 - 2. Flares
 - 3. Signal mirror
 - 4. Dye Pack
 - 5. Cell phone, radio

a) Where are you in relation to the group? Why?

a) Front; pros, cons

b) Back; pros cons

c) Side perhaps?

d) Position of Maximum Usefulness

e) More than one guide

3. 10:15am Client equipment/fit: (10 min)

a) Equipment

i) Does client have own equipment? Have you checked it out?

ii) Spray skirt

iii) PFD and fit

iv) Stowing personal effects

b) Boat fit

i) Backband/seatback

ii) Foot braces

4. 10:30am Rotation, rotation, rotation: (5min)

a) Points of contact

b) Thigh hooks

c) Dynamic seated position

5. 10:35am On Land Training (1hr)

a) Anatomy of the boat

b) Types of kayaks (rudder skag use)

c) Self rescue demonstrations

d) Assisted rescue demonstration

e) Paddling technique

f) Paddle talk

6. **11:30am Pull boats for on water training (20min)**

7. **12:00pm Lunch (30min)**

8. **12:45 Rescues: (2 hours)**

i) Self rescue:

(1) Paddle float

(2) Scramble

(3) If time/confidence permit, reenter paddlefloat rescue

b) Assisted rescue:

(1) T-Rescue

(2) Scoop rescue

(3) All in Tandem rescue

(4) Paddle float

(5) Scramble

c) Order of priority for rescues:

1) Person

2) Boat

3) Paddle

4) Other stuff

9. **Towing strategies: (1 hour)**

i) Single

ii) Inline

iii) V-tow (most effective)

10. **Navigation: (TBD) (underway?)**

a) Where are you?

b) Compass

(1) Magnetic bearings

(2) True bearings

c) Chart vs. maps

11. 4:00pm Back on Land (Clean boats and Gear) (45min)

12. 5:00pm Debrief/ questions (30min)

13. Invite everyone to Reel Paddle festival